

Abridged Big Five-Dimensional Circumplex – Short Form (AB5C-SF)

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This questionnaire contains 135 items about yourself. Each item is scored on a 1 to 5 scale, where 1 = very inaccurate, 2 = moderately inaccurate, 3 = neither accurate nor inaccurate, 4 = moderately accurate, and 5 = very accurate.

Please read each item carefully and provide your answer that best corresponds to your agreement or disagreement. There are no right or wrong answers. Please describe yourself honestly and state your opinions as accurately as possible.

1. Am the life of the party.
2. Sympathize with others' feelings.
3. Accomplish my work on time.
4. Am not easily bothered by things
5. Use difficult words
6. Make friends easily
7. Make people feel at ease
8. Waste my time
9. Feel comfortable with myself
10. Am full of ideas
11. Automatically take charge
12. Would never cheat on my taxes
13. Disregard rules
14. Rarely get irritated
15. See beauty in things that others might not notice
16. Feel comfortable around people
17. Am on good terms with nearly everyone
18. Carry out my plans
19. Easily resist temptations
20. Learn quickly
21. Know how to captivate people
22. Anticipate the needs of others
23. Pay attention to details
24. Panic easily
25. Can handle complex problems
26. Dare to say anything
27. Love a good fight
28. Often make last minute plans
29. React intensely
30. Spend time reflecting on things
31. Joke around a lot
32. Am concerned about others

33. Believe in an eye for an eye
34. Seldom get emotional
35. Can easily link facts together
36. Do most of the talking
37. Suffer from others' sorrows
38. Continue until everything is perfect
39. Want everything to add up perfectly
40. Have a vivid imagination
41. Can't do without the company of others
42. Think of others first
43. Like order
44. Experience very few emotional highs and lows
45. Look for hidden meanings in things
46. Talk to a lot of different people at parties
47. Feel little concern for others
48. Leave my work undone
49. Get stressed out easily
50. Make insightful remarks
51. Warm up quickly to others
52. Make people feel welcome
53. Have difficulty starting tasks
54. Often feel blue
55. Have excellent ideas
56. Try to lead others
57. Respect authority
58. Don't think the laws apply to me
59. Get angry easily
60. Love flowers
61. Am comfortable in unfamiliar situations
62. Insult people
63. Handle tasks smoothly
64. Don't know why I do some of the things I do
65. Meet challenges
66. Express myself easily
67. Try to stay in touch with myself
68. Complete tasks successfully
69. Am easily offended
70. Catch on to things quickly
71. Can take strong measures
72. Seek conflict
73. Like to act on a whim
74. Shoot my mouth off

75. Enjoy spending time by myself
76. Like to amuse others
77. Like to do things for others
78. Have no sympathy for criminals
79. Get overwhelmed by emotions
80. Have difficulty understanding abstract ideas
81. Talk too much
82. Show my feelings
83. Want every detail taken care of
84. Love order and regularity
85. Do not like art
86. Like to be alone
87. Believe that I am better than others
88. Work according to a routine
89. Experience my emotions intensely
90. Think deeply about things
91. Keep in the background
92. Can't be bothered with other's needs
93. Do not plan ahead
94. Get easily upset
95. Have a poor vocabulary
96. Am hard to get to know
97. Make others feel good
98. Need a push to get started
99. Dislike myself
100. Quickly think up new ideas
101. Come up with a solution right away
102. Break rules
103. Make rash decisions
104. Get furious
105. Love beautiful things
106. Find it difficult to approach others
107. Criticize others' shortcomings
108. Don't see things through
109. Do things I later regret
110. Know how to apply my knowledge
111. Have little to say
112. Work on improving myself
113. Have an eye for detail
114. Am easily confused
115. Can handle a lot of information
116. Don't mind being the center of attention

117. Think too highly of myself
118. Jump into things without thinking
119. Blurt out whatever comes into my mind
120. Live in a world of my own
121. Seldom joke around
122. Reassure others
123. Believe that criminals should receive help rather than punishment
124. Cry easily
125. Am not interested in theoretical discussions
126. Never stop talking
127. Don't understand people who get emotional
128. Want everything to be "just right"
129. Am attached to conventional ways
130. Do not like poetry
131. Seek quiet
132. Put people under pressure
133. Leave my belongings around
134. Am swayed by my emotions
135. Rarely look for a deeper meaning in things

Scoring for AB5C-SF

Gregariousness (E+) = 1 + 46 + 91(R)
Understanding (A+) = 2 + 47(R) + 92(R)
Conscientiousness (C+) = 3 + 48(R) + 93(R)
Stability (S+) = 4 + 49(R) + 94(R)
Intellect (I+) = 5 + 50 + 95(R)
Friendliness (E+A+) = 6 + 51 + 96(R)
Warmth (A+E) = 7 + 52 + 97
Efficiency (C+E+) = 8(R) + 53(R) + 98(R)
Happiness (S+E+) = 9 + 54(R) + 99(R)
Ingenuity (I+E+) = 10 + 55 + 100
Assertiveness (E+C+) = 11 + 56 + 101
Morality (A+C+) = 12 + 57 + 102(R)
Dutifulness (C+A+) = 13(R) + 58(R) + 103(R)
Calmness (S+A+) = 14 + 59(R) + 104(R)
Reflection (I+A+) = 15 + 60 + 105
Poise (E+S+) = 16 + 61 + 106(R)
Pleasantness (A+S+) = 17 + 62(R) + 107(R)
Purposefulness (C+S+) = 18 + 63 + 108(R)
Moderation (S+C+) = 19 + 64(R) + 109(R)
Competence (I+C+) = 20 + 65 + 110
Leadership (E+I+) = 21 + 66 + 111(R)
Empathy (A+I+) = 22 + 67 + 112
Organization (C+I+) = 23 + 68 + 113
Toughness (S+I+) = 24(R) + 69(R) + 114(R)
Quickness (I+S+) = 25 + 70 + (R) + 115
Provocativeness (E+A-) = 26 + 71 + 116
Cooperation (A+E-) = 27(R) + 72(R) + 117(R)
Cautiousness (C+E-) = 28(R) + 73(R) + 118(R)
Impulse Control (S+E-) = 29(R) + 74(R) + 119(R)
Introspection (I+E-) = 30 + 75 + 120
Self-disclosure (E+C-) = 31 + 76 + 121(R)
Sympathy (A+C-) = 32 + 77 + 122
Rationality (C+A-) = 33 + 78 + 123(R)
Imperturbability (S+A-) = 34 + 79(R) + 124(R)
Creativity (I+A-) = 35 + 80(R) + 125(R)
Talkativeness (E+S-) = 36 + 81 + 126
Tenderness (A+S-) = 37 + 82 + 127(R)
Perfectionism (C+S-) = 38 + 83 + 128
Cool-headedness (S+C-) = 39 + 84 + 129
Imagination (I+C-) = 40 + 85(R) + 130(R)

Sociability (E+I-) = 41 + 86(R) + 131(R)

Nurturance (A+I-) = 42 + 87(R) + 132(R)

Orderliness (C+I-) = 43 + 88 + 133(R)

Tranquility (S+I-) = 44 + 89(R) + 134(R)

Depth (I+S-) = 45 + 90 + 135(R)