Abridged Big Five-Dimensional Circumplex – Short Form (AB5C-SF)

Meredith A. Bucher & Douglas B. Samuel, 2018

This questionnaire contains 135 items about yourself. Each item is scored on a 1 to 5 scale, where 1 = very inaccurate, 2 = moderately inaccurate, 3 = neither accurate nor inaccurate, 4 = moderately accurate, and 5 = very accurate.

Please read each item carefully and provide your answer that bet corresponds to your agreement or disagreement. There are no right or wrong answers. Please describe yourself honestly and state your opinions as accurately as possible.

1. Am the life of the party.
2. Sympathize with others’ feelings.
3. Accomplish my work on time.
4. Am not easily bothered by things
5. Use difficult words
6. Make friends easily
7. Make people feel at ease
8. Waste my time
9. Feel comfortable with myself
10. Am full of ideas
11. Automatically take charge
12. Would never cheat on my taxes
13. Disregard rules
14. Rarely get irritated
15. See beauty in things that others might not notice
16. Feel comfortable around people
17. Am on good terms with nearly everyone
18. Carry out my plans
19. Easily resist temptations
20. Learn quickly
21. Know how to captivate people
22. Anticipate the needs of others
23. Pay attention to details
24. Panic easily
25. Can handle complex problems
26. Dare to say anything
27. Love a good fight
28. Often make last minute plans
29. React intensely
30. Spend time reflecting on things
31. Joke around a lot
32. Am concerned about others
33. Believe in an eye for an eye
34. Seldom get emotional
35. Can easily link facts together
36. Do most of the talking
37. Suffer from others' sorrows
38. Continue until everything is perfect
39. Want everything to add up perfectly
40. Have a vivid imagination
41. Can't do without the company of others
42. Think of others first
43. Like order
44. Experience very few emotional highs and lows
45. Look for hidden meanings in things
46. Talk to a lot of different people at parties
47. Feel little concern for others
48. Leave my work undone
49. Get stressed out easily
50. Make insightful remarks
51. Warm up quickly to others
52. Make people feel welcome
53. Have difficulty starting tasks
54. Often feel blue
55. Have excellent ideas
56. Try to lead others
57. Respect authority
58. Don't think the laws apply to me
59. Get angry easily
60. Love flowers
61. Am comfortable in unfamiliar situations
62. Insult people
63. Handle tasks smoothly
64. Don't know why I do some of the things I do
65. Meet challenges
66. Express myself easily
67. Try to stay in touch with myself
68. Complete tasks successfully
69. Am easily offended
70. Catch on to things quickly
71. Can take strong measures
72. Seek conflict
73. Like to act on a whim
74. Shoot my mouth off
75. Enjoy spending time by myself  
76. Like to amuse others  
77. Like to do things for others  
78. Have no sympathy for criminals  
79. Get overwhelmed by emotions  
80. Have difficulty understanding abstract ideas  
81. Talk too much  
82. Show my feelings  
83. Want every detail taken care of  
84. Love order and regularity  
85. Do not like art  
86. Like to be alone  
87. Believe that I am better than others  
88. Work according to a routine  
89. Experience my emotions intensely  
90. Think deeply about things  
91. Keep in the background  
92. Can't be bothered with other's needs  
93. Do not plan ahead  
94. Get easily upset  
95. Have a poor vocabulary  
96. Am hard to get to know  
97. Make others feel good  
98. Need a push to get started  
99. Dislike myself  
100. Quickly think up new ideas  
101. Come up with a solution right away  
102. Break rules  
103. Make rash decisions  
104. Get furious  
105. Love beautiful things  
106. Find it difficult to approach others  
107. Criticize others' shortcomings  
108. Don't see things through  
109. Do things I later regret  
110. Know how to apply my knowledge  
111. Have little to say  
112. Work on improving myself  
113. Have an eye for detail  
114. Am easily confused  
115. Can handle a lot of information  
116. Don't mind being the center of attention
117. Think too highly of myself
118. Jump into things without thinking
119. Blurt out whatever comes into my mind
120. Live in a world of my own
121. Seldom joke around
122. Reassure others
123. Believe that criminals should receive help rather than punishment
124. Cry easily
125. Am not interested in theoretical discussions
126. Never stop talking
127. Don't understand people who get emotional
128. Want everything to be "just right"
129. Am attached to conventional ways
130. Do not like poetry
131. Seek quiet
132. Put people under pressure
133. Leave my belongings around
134. Am swayed by my emotions
135. Rarely look for a deeper meaning in things
Scoring for AB5C-SF

Gregariousness (E+) = 1 + 46 + 91(R)
Understanding (A+) = 2 + 47(R) + 92(R)
Conscientiousness (C+) = 3 + 48(R) + 93(R)
Stability (S+) = 4 + 49(R) + 94(R)
Intellect (I+) = 5 + 50 + 95(R)
Friendliness (E+A+) = 6 + 51 + 96(R)
Warmth (A+E) = 7 + 52 + 97
Efficiency (C+E+) = 8(R) + 53(R) + 98(R)
Happiness (S+E+) = 9 + 54(R) + 99(R)
Ingenuity (I+E+) = 10 + 55 + 100
Assertiveness (E+C+) = 11 + 56 + 101
Morality (A+C+) = 12 + 57 + 102(R)
Dutifulness (C+A+) = 13(R) + 58(R) + 103(R)
Calmness (S+A+) = 14 + 59(R) + 104(R)
Reflection (I+A+) = 15 + 60 + 105
Poise (E+S+) = 16 + 61 + 106(R)
Pleasantness (A+S+) = 17 + 62(R) + 107(R)
Purposefulness (C+S+) = 18 + 63 + 108(R)
Moderation (S+C+) = 19 + 64(R) + 109(R)
Competence (I+C+) = 20 + 65 + 110
Leadership (E+I+) = 21 + 66 + 111(R)
Empathy (A+I+) = 22 + 67 + 112
Organization (C+I+) = 23 + 68 + 113
Toughness (S+I+) = 24(R) + 69(R) + 114(R)
Quickness (I+S+) = 25 + 70 + (R) + 115
Provocativeness (E+A-) = 26 + 71 + 116
Cooperation (A+E-) = 27(R) + 72(R) + 117(R)
Cautiousness (C+E-) = 28(R) + 73(R) + 118(R)
Impulse Control (S+E-) = 29(R) + 74(R) + 119(R)
Introspection (I+E-) = 30 + 75 + 120
Self-disclosure (E+C-) = 31 + 76 + 121(R)
Sympathy (A+C-) = 32 + 77 + 122
Rationality (C+A-) = 33 + 78 + 123(R)
Imperturbability (S+A-) = 34 + 79(R) + 124(R)
Creativity (I+A-) = 35 + 80(R) + 125(R)
Talkativeness (E+S-) = 36 + 81 + 126
Tenderness (A+S-) = 37 + 82 + 127(R)
Perfectionism (C+S-) = 38 + 83 + 128
Cool-headedness (S+C-) = 39 + 84 + 129
Imagination (I+C-) = 40 + 85(R) + 130(R)
Sociability (E+I-) = 41 + 86(R) + 131(R)
Nurturance (A+I-) = 42 + 87(R) + 132(R)
Orderliness (C+I-) = 43 + 88 + 133(R)
Tranquility (S+I-) = 44 + 89(R) + 134(R)
Depth (I+S-) = 45 + 90 + 135(R)